



# The Betrayal Of The Innocent

By

Sylvia Darling

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# **The Betrayal Of The Innocent**

Author: Sylvia Darling

Date Published: 7<sup>th</sup> October 2019

ISBN: 978-0-6398347-6-4

Publisher: Sylvia Darling

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### Betrayal Of The Innocent

Endless washing of hands and face in water so hot it would have  
Scorched the flesh of less tormented souls...but not you, not your flesh,  
But you found you could never *cleanse* your skin, your *secret* self,  
Your *inner* man of all that had befallen you.

Aloof, difficult, temperamental, you kept everyone at bay,  
Except for those rare moments when your torment and vulnerability  
Would show through, moments when you would reach out  
And allow yourself to love and be loved...briefly;  
Then suddenly you'd remember again and hastily retreat,  
Vanishing irretrievably behind that hard, implacable wall of fury  
That eventually became such an impenetrable part of you.  
How I wish I could take that hurt away...

Dismantle that wall brick by brick,  
But unless you can *admit* that torments and fears plague your soul  
*No-one can take your pain away* or help you find absolution  
From the guilt that was never yours to begin with.

Sylvia Darling



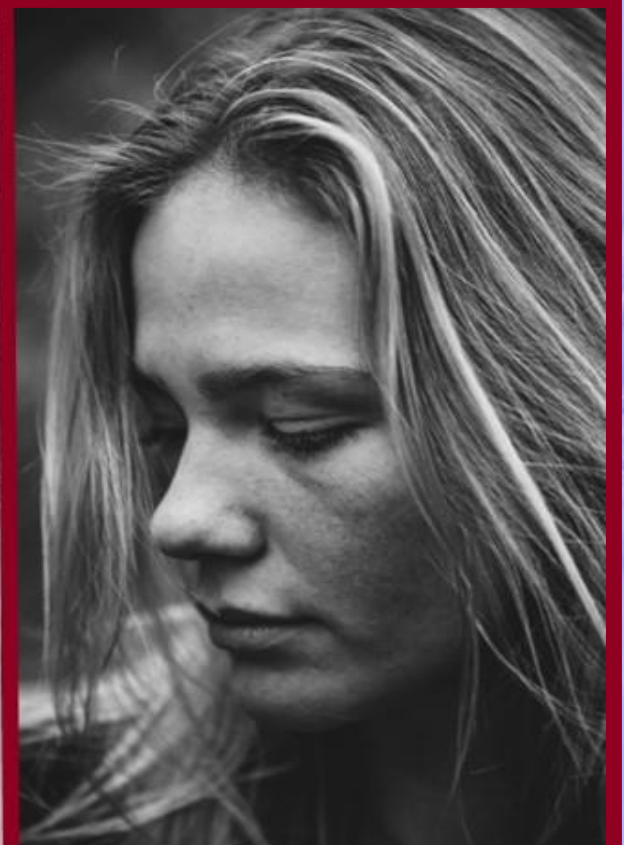


The sexual abuse of *any* child has to be one of the most appalling crimes someone can commit. There is *nothing* more helpless, vulnerable and trusting than the human child, the emotional and psychological *damage* caused by such *foul and violent* acts of treachery and *lust* (often committed by close family members or family ‘friends’) is *incalculable*. This TOTAL *violation* and *domination* of their young bodies without even the *slightest* thought or concern about the *absolutely appalling* emotional and physical trauma caused, or *the pain* inflicted upon them is *cruelty beyond belief*. It subjects them to AN ORDEAL from which the vast majority of them *never* TRULY recover. The *physical* injuries may eventually heal *but the memory, the humiliation*, the rage over what was done to them is *embedded* in their souls and engraved upon their psyches’. It is a torment they must *somehow* bury and repress just to enable them to get through another day *but it is a struggle they live with every day of their lives...lives which in their own eyes are now forever ‘blighted’*.

### despair

black moments yielding to dark thoughts of eternal rest  
rest from tormenting fears aching areas of *being*  
untouched unruffled left to lie unexplored undisturbed  
for fear of dark places better left unknown unsuspected  
better left untapped unrevealed even to ourselves

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THIS is PAIN - THIS is TRAUMA. The Black Hole of depression and despair the victims of sexual abuse experience, often on a daily basis, can be *so completely overwhelming* that many eventually succumb to it, unable to grasp that there IS an answer, that there IS a way to stop their pain and mind-numbing despair *OR* that they CAN HAVE a *BETTER* ‘Tomorrow’, but there *IS* ONE Person who CAN heal us, ONE Person who CAN take away pain of that magnitude ...Our Heavenly Father. Only HE can RESTORE us, RENEW US, and *SET US FREE* to BECOME the person *HE* intended us to be and He does it *ALL* through His Son, Jesus Christ, who died for us.



**2 Cor 5:17/18 + 21 “...If any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new, and all things are of God, who hath reconciled us to himself by Jesus Christ...For he hath made him to be sin for us...that we might be made the righteousness of God in him.”**

**The new creature ‘in Christ’ that the Apostle Paul speaks of in this Scripture reflects the way *God sees us* the moment we are spiritually reborn, but the changing of who we *are* into who we will *become* ‘in Christ’ has to be done with OUR *involvement*, OUR *consent*, OUR *understanding* every step of the way, if it were not so God would be acting *sovereignly*, *OVERRIDING our freedom of choice, our free will* and that He will NOT do. This process is a *co-operation* between man and God.**

***There are many things God does Sovereignly. We are saved By His Grace Sovereignly* when we accept Jesus Christ as Our Lord and Saviour. We can be freed from *oppressions* of the mind and receive *physical healing* for our bodies *Sovereignly*, through Jesus Christ Our Lord. *Emotional healing* however, the healing of *the psyche* (which the dictionary defines as *soul, mind, mentality and character*, the absolute ESSENCE of who we ARE) *these things are not physical* and therefore NOT something God seeks to achieve *externally and Sovereignly* but *INTERNALLY, with our co-operation and understanding so that TRUE wholeness might be achieved*. The experience, the memory must be dealt with, the pain *healed* and completely *excised* from our mind, from our soul; we will remember that the abuse *happened* but the pain will no longer be there, we will be *distanced* from it, *detached*, but it must be understood that something the Bible refers to as the ‘renewing’ of our mind is a vital part of this healing process.**



Romans 12:2 “And be not conformed to this world: but be ye *transformed* by the renewing of your mind, *that ye may prove* what is that good, and acceptable and *perfect* will of God.” It is Gods’ *Perfect* Will that we be made whole. Titus 3:5/7 says “...according to *his mercy* he saved us, by *the washing of regeneration* and the *renewing* of the Holy Ghost: which he shed on us abundantly through Jesus Christ our Saviour...”

The ‘renewing’ of our mind doesn’t happen in the blink of an eye, it is a *gradual* process and happens *over time*. Our understanding and spiritual insight GROW as we ‘*walk*’ with Him, draw *closer* to Him, enter into *a relationship* with Him; we become more *open* to Him and His Ways and it is *then* that we develop a *readiness* to change, an awareness that we *need* to change. God *knows* us, He *created* us, He created us with an innate *need* and *desire* to both know *and* understand *everything* He wants to impart to us. He also knows *when we are ready to RECEIVE* certain truths, spiritual or otherwise, and exactly *how much* truth and insight we will be able to handle at any one time. He knows *exactly* the right moment to place these things before us.

I remember one such moment in my own life when I was *genuinely* seeking His Face and *finally* prepared to do whatever *He wanted me to do* in order to save my rapidly deteriorating marriage. It was a truly remarkable experience. I had been praying earnestly before Him, entreating Him *to show me* whatever it was I needed *to know* or *to do* to change things. He began to show me my *attitudes*, the way I *responded* to my husband if he did or said certain things, but as He showed them to me He also took me back to instances *years* earlier in my life that I subconsciously related those particular words and actions to and how very much they had hurt me then. As He showed me incident after incident in my life and I wept before Him,



*He healed me of that pain and it was gone.* I emerged from that prayer time a different woman, prepared to put what I had learned *into practice*. I resolved *not to instantly* lash out verbally if I felt my husband might possibly be trying to ‘put me down’ in some way realizing now that it was probably more ‘in my head’ than reality. I chose instead to *keep quiet*, ‘button my lip’ *and just to let some things GO...IT NEARLY KILLED ME at first*, but I eventually got the hang of it and my home-life *immediately* became more harmonious and tranquil. I’ve never forgotten my experience that day or how very much *closer* I felt to God after it, I knew that He *Loved* me, that He *Cared*, my spirit was *enriched* by it. This is just one example of how God *can* and *does* heal things in our lives, how He can restore us and make us whole again.

It was a few days after this that I wrote the poem “God Uses Broken Things...all my poems are written from my own personal experience or are the result of time spent seeking the face of God after which they have flowed quite naturally from a worshipful spirit. God is Good.

When it is time for an experience like this in your *own* life do not be afraid. Gods’ Love is there, His support is there and you will find it peaceful yet awe-inspiring as you become aware of Him *right there with you, helping you and guiding you every step of the way.*





## Dawn

We learn through pain,  
We grow through pain.  
Understanding doesn't come  
Through happy times,  
It comes through hurt and fear,  
Sorrow and pain;  
Understanding comes through  
Heartache and despair,  
Bitter lonely nights,  
Wretched, unhappy tears...  
But then the Light comes,  
Healing comes, joy comes  
And along with peace - understanding.  
He was there all along.  
Waiting, Loving, Understanding.  
There to see you through.  
The only True Light at the  
End of the tunnel.

Sylvia Darling

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Do *you* need to be helped? Do you need to be *restored*, but do you also need to *understand*, not just be healed? Of course you do, but the first step is to *genuinely* choose to give your life over to Christ by accepting Him as your Lord and Saviour. The next step is to follow Him, *immerse yourself* in His thoughts, His teachings and elect to lead a *different* life, and embrace a *different* way of thinking. If you do all these things sincerely and honestly you will one day not only be made *whole*, but you will also be *a partner* with God and Jesus Christ for you will have made *an incredible spiritual journey, a transition* with Gods' Help and with Jesus Christ right by your side.





### God Uses Broken Things

The Father healed my aching heart,  
Made the broken pieces mend,  
And, whilst I was serving Him  
Caused my inner pain to end.  
For He had seen my anguished soul  
And alone He knew the cause,  
And brought to mind the hundred cuts  
That always made me pause,  
Afraid to enter in.



Now I have felt His Healing Balm  
I can rise again,  
And I can help the others find  
The Healer of all men,  
For others need that Healing Touch  
To penetrate their soul,  
And others need the Living God  
Who truly makes men whole.  
Come...Trust in Him.



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**Gods' Precious Holy Spirit *guides us* into all spiritual truth, we have *the support* we need, the *understanding* we need, God gives us *everything* we need to enable us to complete *every part* of our journey, all *we* have to do is put our trust in Him and take that first step of faith *believing that HE IS, then...we cannot fail!***

**God Bless you as you embark on *your* journey.**

*Sylvia Darling*



## Be Still

God, You are so special to me,  
You're the one thing in my life  
That no-one can take away.  
There is only one thing that  
Can come between us - ME,  
And You help me even to overcome myself.  
When I withdraw helpless and afraid  
You reach out and draw me close.  
When I am angry and confused  
You listen, then when I am still once more,  
You soothe me and explain.  
How far is my mind from Yours,  
Yet always You are there,  
Reaching out to communicate.  
I need only to be still to hear.

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